

Jennie Emery Elementary

October 2023 Newsletter



IMPORTANT DATES

- October 2:** Terry Fox Run & Hot Dog Lunch
- October 4:** Picture Day Grades 3 & 4 & MW ELP & Kindergarten
- October 5:** Picture Day Grades 1 & 2 & TT ELP & Kindergarten
- October 6:** PD Day - No School for students
- October 9:** Thanksgiving - No School
- October 11:** Pizza Hut Hot Lunch for those that ordered
Subway Hot Lunch orders due
- October 13:** MW Kindergarten
Assembly
- October 16 - 20:** Book Fair
- October 19 & 20:** Family/Teacher Interviews
- October 20 -** PD Day - No School for students
- October 24:** Subway Hot Lunch for those that ordered
- October 25:** 7:00pm Parent Council meeting
- October 27:** TT Kindergarten
- October 31:** Halloween Dress up & Parade



VOLLEYBALL CLUB

We are excited to offer volleyball club to our grade 3s and 4s again this year at Jennie Emery. The focus will be on skill development through games, including tripleball games run for our final dates. Tripleball is a modified version of volleyball currently played in middle school leagues. It helps students learn about the game and develop their basic skills by playing the ball more frequently.



There are currently 73 students signed up for volleyball! Information regarding which day after school your child will participate will be shared in students' agendas from their homeroom teachers. We look forward to working with your children and growing their knowledge and love of volleyball.



Choir and tone chimes will start organizing in October!

Choir is for grade three and four students and will run Tuesdays at lunchtime. We will have performances at various assemblies, BOTH nights of Christmas concert and the highlight for the students is often singing O Canada at a Lethbridge Hurricanes game in February. Last year we also sang at the Merry Coaldale Christmas held in December.

Tone Chimes is for grade four students and will run Wednesdays at lunchtime. We will have performances at various assemblies, BOTH nights of Christmas concert and often a few other performances pop up Too.

A meeting for each group will be held the week of the 16th and permission forms will be sent home. Please let me know if you have any questions!

Mrs. Kerr



ATTENDANCE

To enter your child's attendance please use Edsby.

If you don't already have it, please register at: <https://pallisersd.edsby.com>.

Please feel free to contact Nicole or Kristy in the front office if you have any questions.

REMINDERS

- ✔ Fill out all permission forms on school cash online if you have not already done so:
 - Walking field trip form
 - Technology Agreement
 - Learning Commons Agreement
- ✔ School Fees - School Fees for the 2023/2024 school year are available on School Cash Online
- ✔ JEES Website/Newsletter/Social Media- Important information can be found on the Jennie Emery website (www.jees.ca). Here you can find the school calendar, bell times, upcoming events, monthly newsletters etc. Posts will also be shared on the Jennie Emery Facebook page, and Class Dojo. The monthly newsletter will be emailed to the parent/guardians who provided an email during registration. If you are not receiving the newsletter and would like to, please let the front office know.

PICTURE DAYS



October 4:
MW ELP & Kindergarten
Grades 3 & 4

October 5:
TT ELP & Kindergarten
Grades 1 & 2

DID YOU KNOW?

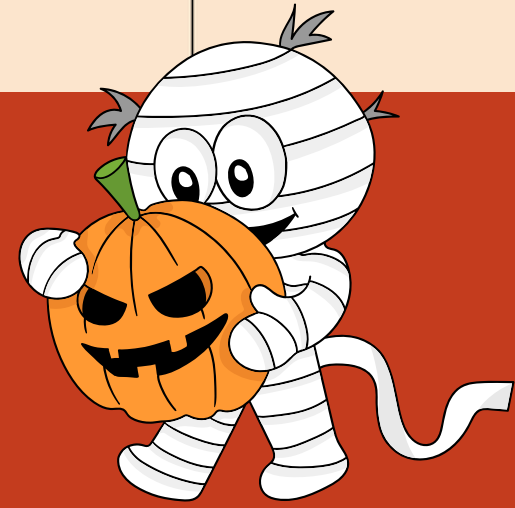
- ✔ The school calendar is on our website www.jees.ca, and you can subscribe to it so you can receive notifications for upcoming events



October 2023

Mon	Tue	Wed	Thu	Fri
2 Terry Fox Run (Hot Dog lunch)	3	4 School Pictures (Lifetouch) Gr 3 & 4	5 School Pictures (Lifetouch) Gr 1 & 2	6 JEES PD Day
9 Thanksgiving No School	10	11 Pizza Hut Hot lunch	12	13 MW Kindergarten Assembly
16 Book Fair	17 Book Fair	18 Book Fair	19 Book Fair Family & Teacher Interviews (evening)	20 PD Day Book Fair Family & Teacher Interviews (school hours)
23	24 Subway Hot Lunch	25 7:00 Parent Council Meeting	26	27 TT Kindergarten
30	31 Halloween Dress Up and Parade at 1:15pm			

HAPPY HALLOWEEN



Parent ADHD Information Sessions

These are educational sessions for parents and caregivers who want to learn about ADHD. The purpose of these sessions is to provide current introductory information around ADHD. The Zoom link below is the same for all ADHD parent sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 19, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
October 3, 2023, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
October 17, 2023, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
October 31, 2023	Halloween – NO SESSION
November 14, 2023, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
November 28, 2023, 6-7 p.m.	Navigating School Systems & Community Services
December 12, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
December 26, 2023	Christmas Break – NO SESSION
January 9, 2024, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
January 23, 2024, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
February 6, 2024, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
February 20, 2024, 6-7 p.m.	Navigating School Systems & Community Services

To Register: Please call Access Addiction & Mental Health at 1-888-594-0211

Keep Calm and Parent On Information Sessions

These educational sessions are designed for parents/caregivers who want to understand the foundation in which to support their child/teen's self-regulation in conflict, while preserving/obtaining a healthy parent/child relationship. Coregulation will also be a focus providing opportunities for parents to reflect on their own ability to self-regulate when in conflict. The Zoom link below is the same for all sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 21, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
October 5, 2023, 6-7 p.m.	Building Communication Skills with Our Children/Teens
October 19, 2023, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
November 2, 2023, 6-7 p.m.	Understanding Anger and How to Manage Conflict
November 16, 2023, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship
November 30, 2023, 6-7 p.m.	How to Balance Technology in Your Family
December 14, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
December 28, 2023	Christmas Break – NO SESSION
January 11, 2024, 6-7 p.m.	Building Communication Skills with Our Children/Teens
January 25, 2024, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
February 8, 2024, 6-7 p.m.	Understanding Anger and How to Manage Conflict
February 22, 2024, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship

To Register: Please call Access Addiction & Mental Health at 1-888-594-0211



Curling Rocks!



The Coaldale Granite Club is Excited to Announce Registration for our upcoming Junior Curling Season!

**REGISTER IN PERSON October 5 at 7pm
at the rink!**

First day on the ice is October 17

Every Tuesday 4:00-5:30

Fee is \$100

Brooms and Sliders included!

Just bring a clean pair of sneakers!

Kids aged 7-18



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